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# Technique Fundamentals - Exercises

Nick Costa

1

Perc.  $\text{H} \frac{4}{4} \text{H} \text{H}$

R. Hand Lead R L R L  
L. Hand Lead L R L R

2

Perc.  $\text{H} \text{H}$

R. Hand Lead R R L L R R L L  
L. Hand Lead L L R R L L R R

3

Perc.  $\text{H} \text{H}$

R. Hand Lead R L R L R R L L R R L L  
L. Hand Lead L R L R L L R R L L R R

4

Perc.  $\text{H} \text{H}$

R. Hand Lead R L R L R R L L R R L L  
L. Hand Lead L R L R L L R R L L R R

5

Perc.  $\text{H} \text{H}$

R. Hand Lead R L R L R R L L R R L L R L R L R R L L  
L. Hand Lead L R L R L L R R L L R R L R L R L L R R

Perc.  $\text{H}$

R L R L R L R L R R L L R R L L R R L L R R L L  
L R L R L R L R L L R R L L R R L L R R L L R R

6

Perc.  $\text{H} \text{H}$

R. Hand Lead R L R L R R L L R R L L R L R L R R L L R R L L  
L. Hand Lead L R L R L L R R L L R R L R L R L L R R L L R R

Perc.  $\text{H}$

R L R L R L R L R R L L R R L L R R L L R R L L  
L R L R L R L R L L R R L L R R L L R R L L R R